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Judo (Martial And Fighting Arts)



Synopsis

This series encourages readers to discover the skills required for martial arts. Each title presents one of the arts, explores how it has been developed and how it works today, including famous fighters and international competition. There are step-by-step instructions for holds, throws and other techniques, and advice on safety and locations to learn about martial arts. --This text refers to an out of print or unavailable edition of this title.

Book Information

Series: Martial and Fighting Arts

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Average Customer Review: 1.0 out of 5 starsÂ Â See all reviewsÂ (1 customer review)

Best Sellers Rank: #5,948,831 in Books (See Top 100 in Books) #38 inÂ Books > Teens > Sports & Outdoors > Martial Arts #697 inÂ Books > Children's Books > Sports & Outdoors > Martial Arts

Age Range: 12 and up

Grade Level: 7 and up

Customer Reviews

The whole series from Mason Crest is poorly written, poorly researched, and way too expensive. Their whole series is not even worth giving away.

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